



DSPL Area 9 Triage Workshop Offer
2021-22

Subject	Maximum Duration Inc. Q & A's	Learning Outcome	Delivery	Audience
Mental Health	90 minutes	Exploring the connection with mental well being and behaviours	face to face, virtual	Professional, Parents Secondary Students
Adverse Childhood Experiences	90 minutes	Understanding the impact of trauma and risk and resilience factors	face to face, virtual,	Professionals, Parents
Managing Anger	90 minutes	A brief guide to understanding and managing anger	face to face, virtual,	Professionals, Parents Students 10+
Attachment Awareness	120 minutes	Exploring the development and effects of attachment disorders	face to face, virtual	Professionals
Attachment Awareness	60 minutes	Understanding Attachment - brief guide	face to face, virtual	Professionals
Looking After Us	60 minutes	Understanding Physical & Mental Health and Development	face to face	Students
The Teen Brain	90 minutes	Understanding the development of the teen brain and associated presentations	face to face, virtual	Professionals, parents students
Tweens & Teens	60 minutes	Development and Well Being Factors	face to face, virtual	Professionals, Parents
What Is Going On In Our Brains?	90 minutes	Exploring Stress and Happiness - The impact of Hormones & Chemicals	face to face, virtual	Professionals, Parents Students 14+
The Coventry Grid	90 minutes	Exploring The Coventry Grid guidance on similarities and variances between attachment and autism presentations	face to face, virtual	Professionals

All of the above sessions can be adjusted to meet time constraints

Please contact Jan Crook - DSPL Area 9 Triage Lead to talk about or arrange these sessions in your setting.

jancrook@dsp19.org.uk

07715 415894

